

The Conference for the Pediatric Clinical Nurse

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July 26-28, 2018
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PEDIATRIC NURSING

Pre-Conference Schedule

WEDNESDAY, JULY 25, 2018

8:00 am – 4:00 pm **Two-Day Pre-Conference Workshop – Day 1 (6.5 CH)**
Continental breakfast included. Must attend both days to earn contact hours.*

010 Pediatric Nursing Certification Review Course

Louise Jakubik, PhD, RN-BC, CSP; Janice Selekmán, DNSc, RN, NCSN, FNASN

Being certified as a pediatric nurse is a mark of professional accomplishment. Drs. Jakubik and Selekmán will guide you through the pediatric nursing certification exam review and preparation process, and will provide practical tips for studying and test-taking success. This workshop includes a thorough review of pediatric nursing and test-taking strategies. The course is based on the book *Pediatric Nursing Certification Review, 4th Edition* (2018), as well as content outlines for the all-new 2017 PNCB® Exam published by the Pediatric Nursing Certification Board (PNCB) and the Pediatric Nurse Examination® (RN-BC) published by the American Nurses Credentialing Center. The use of exam-style practice questions will promote application of content to the exam situation and build test-taking confidence. This workshop is intended for pediatric nurses with a minimum of 1 year of pediatric nursing experience.

*A maximum of 13.0 contact hours may be earned for attendance at the pre-conference workshop activity noted.

Nurse Builders is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Nurse Builders is a provider approved by the California Board of Registered Nursing, provider number CEP 15118.

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THURSDAY, JULY 26, 2018

7:30 am – 8:30 am **Pre-Conference Registration Open**

8:00 am – 4:00 pm **Two-Day Pre-Conference Workshop – Day 2 (6.5 CH)**
Continental breakfast included. Must attend both days to earn contact hours.*

010 Pediatric Nursing Certification Review Course

Louise Jakubik, PhD, RN-BC, CSP; Janice Selekmán, DNSc, RN, NCSN, FNASN

See Day 1 for full description.

12:00 pm – 5:00 pm **Main Conference Registration Open**



PEDIATRIC NURSING

2018 Annual Conference Program

FRIDAY, July 27, 2018

- 6:30 am – 5:00 pm **Registration Open**
- 7:00 am – 8:00 am **Continental Breakfast in Exhibit Hall/Exhibit Hall Open**
- 7:00 am – 8:00 am **Poster Viewing**
- 8:00 am – 8:15 am **Welcome/Announcements**

8:15 am – 9:30 am **GENERAL SESSION (1.25 CH)**

101 Social Determinants of Health

Terri H. Lipman, PhD, CRNP, FAAN

Social determinants of health have a profound effect on the health and well-being of children. Ensuring pediatric nurses have the proper guidance to address social determinants of health can improve individual and population health, and advance health equality.

- 9:30 am – 10:45 am **Snack Break in Exhibit Hall/Exhibits Open**

- 9:30 am – 10:45 am **Poster Viewing**

10:45 am – 12:00 pm **CONCURRENT SESSIONS (1.25 CH)**

111 Tips and Tricks for Pediatrics: Pointers from the Pediatric Emergency Department

Heather A. Martin, DNP, RN, PNP-BC

Review special tricks and tips from a pediatric emergency department to assist in caring for children in a healthcare setting, including how to interact with a child, suture lacerations painlessly, and manage common pediatric concerns that may manifest.

112 Encouraging Food Intake to Decrease the Tube

Goldie Markowitz, MSN, CRNP; Christina Preis, MSN, CRNP

Develop strategies for recognizing when a child is ready to initiate supplemental tube feeding weaning and discuss a step-wise approach to work towards achievement of that goal.

113 Nurse Retention: Strategies to Stop the Revolving Door

Bernice Mowery, PhD, RN

The current nursing shortage is compounded by a significant turnover rate that is expected to rise. Nurse turnover affects patient outcomes and costs millions of dollars each year. Discuss approaches for nurses to help retain colleagues.

- 12:00 pm – 1:15 pm **Lunch on Your Own**

“Very diverse; appealed to a variety of attendees.”



PEDIATRIC NURSING

2018 Annual Conference Program

1:15 pm – 2:30 pm **CONCURRENT SESSIONS (1.25 CH)**

121 Sharpen Your Pediatric Laboratory Interpretation Skills: Complete Blood Count (CBC) and Differential and Absolute Neutrophil Count

Louise Jakubik, PhD, RN-BC, CSP

Gain in-depth and necessary information to make pediatric CBC with differential interpretation seem easy, including a review of basic anatomy, physiology, and pediatric laboratory parameters. Principles of interpretation and application to clinical practice will be applied, and common abnormal CBC findings in children and their clinical implications will be discussed.

122 “Reframing” Patient Education for the Millennial Generation

Mary Jo Macpherson, BSN, RN, CBC

The use of marketing techniques, such as message reframing and elevator pitch, can increase consistent multidisciplinary delivery of patient education and empower patients (and staff) to see beyond cultural bias in decision-making.

123 Outside the Comfort Zone: Supporting the Mental Health Population on an Inpatient Pediatric Medical Unit

Emily Freeborn, MPH, CCLS; Cynthia DeFrancesco, MS, CCLS

Identify challenges and considerations when working with the mental health population on a pediatric medical inpatient unit, and analyze the emotional effect working with this population can have on a medical multidisciplinary team.

2:30 pm – 3:30 pm Snack Break in Exhibit Hall/Exhibits Open

2:30 pm – 3:30 pm Poster Viewing

“Lots of valuable information.
Great networking; learned a lot.”

3:30 pm – 4:45 pm **CONCURRENT SESSIONS (1.25 CH)**

131 Type 1 Diabetes in Children: Collaborative Management

Terri H. Lipman, PhD, CRNP, FAAN

Explore the issues diabetes poses to general health, standard treatment options, and best practices to help pediatric patients and their families manage it as a lifelong health issue.

132 Advancing a Culture of Inquiry through Evidence-Based Practice Scholar Programs

Vicky Bowden, DNSc, RN; Jennifer Hayakawa, DNP, PCNS-BC, CNRN, CCRN

Discuss one organization’s journey in developing and refining an evidence-based practice scholars program and gain a comprehensive overview of the essential components necessary for successful application in the clinical setting.

133 Pediatric Rashes: To Play or Not to Play

Tami Jakubowski, DNP, CPNP-PC, CSN; Tracy Perron, PhD, RN, CSN

Rashes are common in children of all ages, and are often difficult to identify. The pediatric nurse needs to be familiar with common childhood rashes and evidence-based treatment recommendations.

PEDIATRIC NURSING 2018 Annual Conference Program

SATURDAY, July 28, 2018

7:00 am – 5:30 pm **Registration Open**

7:00 am – 8:00 am **Continental Breakfast in Exhibit Hall**

8:00 am – 8:30 am **Welcome/Announcements
Awards Presentations
Updates from *Pediatric Nursing Journal***

8:30 am – 9:45 am **GENERAL SESSION (1.25 CH)**

201 Is the Whole World Becoming Allergic?

Janice Selekman, DNSc, RN, NCSN, FNASN

Schools are experiencing significant policy changes regarding food allergies, often at the request of parents. Understanding the current state of the science related to allergies in children allows nurses to suggest beneficial interventions to families.

9:45 am – 10:45 am **Snack Break in Exhibit Hall**

9:45 am – 10:45 am **Poster Viewing**

10:45 am – 12:00 pm **CONCURRENT SESSIONS (1.25 CH)**

211 Recognizing Human Trafficking for Healthcare Workers

Heidi Olson, BSN, RN, CPN

Healthcare workers interact with human trafficking victims more than any other profession, including law enforcement. Discuss real scenarios involving trafficking victims, categorize the clearly recognizable signs and symptoms, define intervention procedures, and identify current resources in both the community and hospital.

212 Type 2 Diabetes Mellitus in Adolescents: Use of GLP-1

Ava Mitchell, DNP, FNP-BC

Increasing rates of obesity in young children with resultant insulin resistance have contributed to a significant increase in incidence of type 2 diabetes mellitus in pediatric patients. Explore the implementation of a clinical practice guideline utilizing the glucagon-like-peptide-1 (GLP-1) hormone in the management of pediatric patients with type 2 diabetes mellitus.

213 Updates in Congenital Heart Disease for the Pediatric Nurse

Sara C. Hallowell, DNP, RN, CPNP, CNL

It is imperative for pediatric nurses caring for patients with congenital heart disease to be informed about advances in the care of these patients. Topics such as prenatal screening, developmental screening, and telehealth will be discussed.

12:00 pm – 1:15 pm **Lunch on Your Own**

“All education was relevant to my practice. Sometimes difficult to find pediatric-specific conferences.”



PEDIATRIC NURSING

2018 Annual Conference Program

1:15 pm – 2:30 pm **CONCURRENT SESSIONS (1.25 CH)**

221 **Transgender Child/Teen: Bathrooms, Bullying, and Mental Health**

Janice Selekman, DNSc, RN, NCSN, FNASN

Society is gaining a greater awareness of what it means to be transgendered. Explore the needs and concerns of transgendered youth as separate from those who are lesbian/gay/bisexual and discuss issues and interventions related to public discrimination and bullying.

222 **Catch the Angel Before It Falls: Exploring Newborn Falls**

Rachel Joseph, PhD, CCRN; Megan Brown, BSN, RN; Michaela Killian, SRN

Newborn falls, an unresearched aspect of infant care, can be defined as falls that occur in newborns from birth to one month. Discuss measures to prevent and reduce newborn falls in hospitals.

223 **Opioid Abuse**

Rebecca King, MSN, RN, NCSN

The current opioid epidemic in the United States has had a particular impact on youth. It is vital for pediatric nurses to know how to effectively manage opioid overdoses in the community setting and effective prevention efforts in addressing the epidemic.

2:30 pm – 2:45 pm **Beverage Break**

“Valuable information that I can incorporate into my clinical practice.”

2:45 pm – 4:00 pm **Concurrent Sessions (1.25 CH)**

231 **Update on Childhood Immunization Schedule Changes and Promoting Compliance**

Nancy Smith, DNP, CRNP, FNP-BC

Immunization schedules are continually being modified to reflect vaccine developments and changes in the epidemiology of vaccine-preventable diseases. Review recent changes in the childhood immunization schedule and discuss nursing considerations to promote vaccination rate compliance.

232 **Bridging the Divide: Utilizing Mental Health Screening Tools to Promote Well-Being in Pediatric/Adolescent Populations**

Avis Johnson-Smith, DNP, RN, CNS, CPNP-PC, FNP-BC

Pediatric and adolescent healthcare providers must use their frontline status and equip themselves properly to provide baseline mental health screenings, identify existing problems early, and ensure problems are being addressed. Review mental health screening tools to assist pediatric nurses in providing optimal patient care.

233 **Implementing Heated, High-Humidity, High-Flow Nasal Cannula in Non-Intensive Care Settings**

*Denise Schindler, MSN, RN, CPNP, CPN; Bernice Mowery, PhD, RN;
Lisa Robinson, MSN, RN, RNC-MNN; Randi S. Colclough, BSN, RN, CPNCPN*

Heated, humidified, high-flow nasal cannula (HFNC) has emerged as a viable treatment alternative for non-invasive positive pressure ventilator support in certain pediatric populations. Examine challenges and outcomes one hospital encountered with implementation of HFNC in non-intensive care settings.

PEDIATRIC NURSING

2018 Annual Conference Program

4:15 pm – 5:15 pm CONCURRENT SESSIONS (1.0 CH)

241 Asthma Medications: Pills, Dry Powders, MDIs, and Biologics
Elizabeth Klements, MS, PPCNP-BC, AE-C

Following a prescribed management plan can help keep the chronic condition of asthma under control. Review the latest in asthma medications and devices, and key considerations for choosing the proper inhaled medication and delivery device.

242 Behavioral Coping Plans: One Interprofessional Team's Approach to Patient-Centered Care

Katherine Wittling, BSN, RN, CAPA; Jessica Palumbo Dufur, BS, CCLS; Ashley McClain, BS, CCLS

Explore how to implement best practice for staff in caring for children with autism spectrum disorder (ASD) through a targeted, individualized plan of care, and how to improve the comfort level, time management, and knowledge of staff caring for ASD and patients with behavioral disorders.

243 RECESS: A Culturally Competent Nutrition Education Program in an Urban Elementary School

Tracy Perron, PhD, RN, CNE, CSN; Tami L. Jakubowski, DNP, CPNP-PC, CSN

The Recess Exercise Communities for Education in Smart Schools (RECESS) program seeks to improve health outcomes among a culturally diverse population of elementary school-aged children with increased rates of childhood obesity. Discussion will focus on the implementation of this program and the impact that national and regional trends, as well as cultural factors, can have on childhood risk for obesity.

“Very organized, easy-to-get-to sessions... everyone was helpful and knowledgeable; content was applicable to my practice.”

Planning Committee

Louise Jakubik, PhD, RN-BC, CSP, *Program Planning Chair*
Janice Selekman, DNSc, RN, NCSN, FNASN
Bernice Mowery, PhD, RN, PNP
Rosemarie Marmion, MSN, RN-BC, NEA-BC, *Director of Education Services*

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GENERAL INFORMATION

Special Offers

Super Early Fee. Register by **May 24, 2018**, and save \$100 on the “Regular” conference registration fee. Mailed forms must be postmarked by **May 24, 2018**.

Three+ Organizational Attendee Discount. Save \$80 each when three or more individuals from the same facility register at the same time. All three registrations must be submitted together at the time of registration. Registration discount may not be combined with other discounts for presenter or student status. One discount per registration.

Payment Policies, Fees, and Confirmation Notice

All fees are in U.S. dollars. Registrations will be processed only when accompanied with full payment. If a check is returned by the bank for insufficient funds, full payment must include an additional \$30 for bank processing charges and must be paid with a cashier's check, money order, or credit card. If payment is not received by the *Pediatric Nursing* Annual Conference prior to the meeting, you must pay the full amount onsite. If you do not receive registration confirmation 1 week prior to the meeting, contact us at pnconference@ajj.com or 856-256-2363. Purchase orders are not an acceptable form of payment.

Cancellation and Substitutions

Cancellations and substitutions must be requested in writing. We will be happy to refund your registration fee, less a \$75 administration fee, if postmarked on or before June 21, 2018. No refunds will be made thereafter. All other monies will be returned to the party who originally issued payment. If you are unable to attend, a substitution may be made. If the substitute is not a *Pediatric Nursing* journal subscriber, additional fees may apply. Subscriptions to *Pediatric Nursing* are non-refundable/non-transferable.

In the event *Pediatric Nursing* should find it necessary to cancel or postpone this conference for any reason including, but not limited to, registration responses, strikes, or acts of God, *Pediatric Nursing* will not be liable for registrants' expenses. However the cancellation/postponement is ultimately resolved, *Pediatric Nursing* will act responsibly to protect subscribers' and registrants' investment in the conference.

Guest Registration

All non-registrants who desire to visit the Exhibit Hall must display a guest badge, which may be purchased for \$100 per guest. Guest badges are non-transferable and may **only** be purchased by paid attendees who agree to accept responsibility for each guest, if any. Guests may not attend or visit educational sessions, including sponsored food events. Guests must be accompanied by the paid registrant while visiting the Exhibit Hall during the listed open times.

Special Needs

If any special disability/dietary arrangements are needed, please note on indicated area of registration form.

Photo Release

A photographer will be taking photos of conference attendees. These photos are for *Pediatric Nursing* use only and may appear on the *Pediatric Nursing* website, in *Pediatric Nursing* Journal, and in future *Pediatric Nursing* Conference brochures and other promotional materials. By virtue of your attendance, you agree to the usage of your likeness in such media.

Continuing Education Information

This offering for 11.0 contact hours is provided by Anthony J. Jannetti, Inc.

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GENERAL INFORMATION

Hotel Information

The Marriott Wardman Park has been designated as the official hotel for the 2018 Pediatric Conference.

Marriott Wardman Park
2660 Woodley Road NW
Washington, DC 20008

\$189 for single/double + taxes (currently at 15.5%)

Check-in: 4:00 pm

Check-out: 12:00 pm

To receive the conference rate, make online reservations via the *Pediatric Nursing* Conference website at pedconference.net or call hotel reservations at 877-212-5752 and refer to the 2018 *Pediatric Nursing* Conference.

The conference rate is available through **June 25, 2018**, or until the room block is full. Reservations received after this date will be accepted on a space and rate available basis.

Parking

Valet parking is \$50 daily. Self-parking is \$45 daily.

Rates are subject to change.

Airport/Transportation Information

Ronald Reagan Washington National Airport (DCA) is 7 miles from the hotel, Washington Dulles International Airport (IAD) is 24 miles from the airport, and Baltimore/Washington International Thurgood Marshall Airport (BWI) is 34 miles from the hotel.

Airport shuttle service to the hotel is offered by SuperShuttle through reservation. Reservations may be made online via pedconference.net. Discounts of 10% off one-way and round-trip reservations are available for *Pediatric Nursing* Conference attendees (discount valid online only).

All fares are round-trip and include a 10% discount:

Reagan (DCA) - \$14.60

Dulles (IAD) - \$27.10

Baltimore (BWI) - \$43.20

Rates subject to change.

The Metrorail provides transportation in and around Washington, DC. The Woodley Park-Zoo/Adams Morgan (Red Line) station is 0.1 miles from the Marriott Wardman Park Hotel. For more information, visit wmata.com.

Washington DC's Union Station is approximately 3.5 miles from the hotel. Union Station is on the MetrolRail Red Line. For more information on Amtrak, call 800-872-7245 or visit amtrak.com.

Weather

A typical day in Washington DC during July has daytime highs in the mid to upper 80s. Lows are in the mid to lower 70s. Please remember to pack a sweater since the conference room temperatures in the hotel may vary. We suggest you bring comfortable walking shoes for your conference activities.

Pediatric Nursing Conference REGISTRATION FORM

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To qualify for **Graduate/Undergraduate Student Rate**, you must be enrolled in a full-time nursing program and provide proof of student status with registration.

Main Conference Registration Fees	Subscriber	Non-subscriber	Student	Amount
Early Bird (through 5/24/18)	\$455	\$515	\$370	
Early (5/25/18 - 6/21/18)	\$505	\$565	\$395	
Regular/Onsite (after 6/22/18)	\$555	\$615	\$420	
Daily (cannot choose both) <input type="checkbox"/> Friday <input type="checkbox"/> Saturday	\$260	\$305	\$220	
Primary Poster Presenter	\$455	\$515	\$370	

Group rate for 3+ Organizational Attendees | Download registration form to submit by mail or fax

Early (through 6/21/18)	\$425	\$485	—	
Regular/Onsite (after 6/22/18)	\$475	\$535	—	

2-Day Preconference Workshop Fees – Wednesday, 7/25/18 and Thursday, 7/26/18 – 8:00 am - 4:00 pm both days

Workshop 010 - CPN Review Course	CANCELLED	\$385	\$420	\$385
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Guest Badge (See description on page 9) Guest Name: _____	\$100
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Indicate first two choices for each time period with a 1 and 2				PAYMENT BOX		Amount
Friday, July 27, 2018				Conference Fee		
Opening Session 101, Exhibit Hall, and General Sessions are attended by all Registrants				Preconference Workshop Fee		CANCELLED
				Guest Fee (\$100)		
Subscription Fee, Individual, \$60 (\$92 outside U.S.)						
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All cancellations and transfers must be received in writing. For cancellations postmarked on or before June 21, 2018, we will refund registration cost, less a \$75 administrative fee. We are unable to make refunds after June 21, 2018, but will gladly transfer your registration to a colleague if the request is made in writing to <i>Pediatric Nursing Conference</i> , PO Box 56, Pitman, NJ 08071-0056. Subscriptions are nonrefundable.		

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Purchase orders cannot be accepted.**

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All pre-registrations for this meeting must be received at the conference registration office no later than **June 17, 2018**. Onsite registration available.

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